

ATTRIBUTES

An effective team player with strong interpersonal and communication skills, I am self-motivated, dependable, personable, goal-oriented and possess an analytic mind for the game. I understand the importance of role models to young athletes and wish to continue to inspire children for many years.

EDUCATION

National Strangth and Conditioning Association - Certified Strength and Conditioning Specialist

➤ 2006-present San Diego, CA

Master of Arts, Kinesiology with a specialization in Exercise and Applied Sports Psychology

➤ 2003-2005 San Diego State University San Diego, CA

Bachelor of Science, Psychology (Honors)

➤ 1996-2000 University of California, Riverside Riverside, CA

PROFESSIONAL VOLLEYBALL EXPERIENCE

PLAYING EXPERIENCE

- Association of Volleyball Professionals (2003-present)
 - Best finishes include: 17th (Dallas) and 25th (New York)
- Won Two Open Events in California (2007)
- AVPnext (2003-present)
- California Beach Volleyball Association (CBVA 2003-present)
- Puerto Rico All-Stars Tour (2005)

- European Exposure Tour (Germany, Austria, Slovenia, Czech Republic, 2002)
- United States Professional Volleyball Tryouts (Chicago, 2002)
- International Sports Exchange (Australia, 1997)

- University of California Riverside (1996-2000) - Led team through difficult transition from Division II to Division I (two-year college captain) Set the school's single season mark for attack percentage, and left with the third-most career assists in the school's history.

AWARDS RECEIVED

Scholar-Athlete of the Year University of California, Riverside (2000-2001)

Rhodes Scholar Nominee (2001)

Golden Key National Honors Society (2000-present)

All California Collegiate Athletic Association Academic Award (1999)

COACHING EXPERIENCE

- Coaching Experience – Assistant Director Beach and Bay Volleyball Club (2007-present), Beach and Bay VBC Coach (2006-present), Madison High School Varsity Head Volleyball Coach (2006), Francis Parker Coach (2003-present), San Diego State Women's Club Team Head Coach (2004), Private Beach and Indoor Lessons (2001-present), USAV Junior Girls and Boys Club Volleybal Coach (1999-present), JV Volleyball Coach Cypress High School (Fall 2001), Volunteer Assistant Coach University of California, Riverside (2000-2001)